This road leads to Mt. Fuji in the distance. The road of faith and the road of silk

> The ancient "Fuji Path" alive with the history of Mt. Fuji worship

Signpost of a Mt. Fuji Climbing Trail

In the feudal Japan, countless pilgrims walked all the way from Edo along "Fuji Path" and had their first opportunity to admire the view of Mt. Fuji in this town of Nishikatsura. To this day you can discover the abundant history connected to the origins of the Japanese people about Mt. Fuji, along the roadside as the original path goes through the town.



Nishikatsura Town and Mt. Fuji (the Fuji Path in Nishikatsura Town connecting Mt. Fuji)



Bliss of pure nature





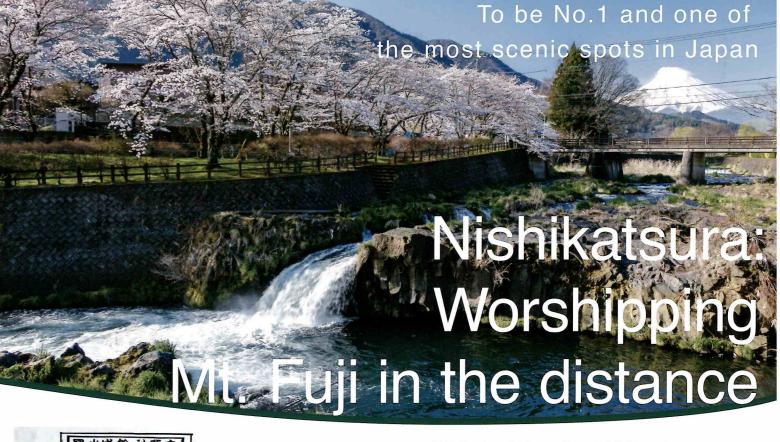
Nishikatsura Town Specialties

Mineral water

Snow and rain water falling on Mt.Fuii seeps deep into the nountain and layers of lava, and he mountain's underflow gushes out in springs in the foothills. The spring water of Nishikatsura Town has been praised as the best. Gentle on your tongue, the water includes many unique minerals from Mt. Fuji including vanadium.



If you listen carefully, you may still catch the sound of weaving looms somewhere in the town. Today, the town is creating a variety of new silk goods that inherits the millennial history of "Gunnai Ori (Kaiki silk)" now in Nishikatsura. Taking advantage of durability, lightness and unique sheen of the silk, the town keeps creating umbrellas, neckties, scarfs in striking modern designs.





Woodblock print circa 1830

Mt.Mitsutoge

Mt. Mitsutoge, facing squarely with Mt. Fuji, is a popular destination for hikers and was once known as 'Misuzumine' (Peaks of Deities' Bells), a sacred site in mountain worship. It was established as aholy site by En-no-Gyoja Ozunu, the founder of Shugendo, and worship for Mitsutoge was spread among people in the late Edo period by "Kutai Shonin", a holy priest. Among the Mitsutoge mountain paths, the route from Nishikatsura

Town was once the main route. Even today you can see valuable history and magnificent ruins along the path. The view of Mt. Fuji from the summit of 1,785 meters is listed first in "The New 100 Views of Mt.Fuji" selected by Yamanashi Prefecture. Some scholars believe that the woodblock print "Gaifukaisei," one of the masterpieces by the famous Edo ukiyoe artist. Katsushika Hokusai, is actually a view from Mt.Mitsutoge

Mt.Mitsutoge to the northwest. Mt. Kurami to the southeast. Climb the two mountains facing each other, with the Old Fuji Path between them. Alpine plants of the season, historic sites of mountain worship and history, and the majestic view of Mt. Fuji awaits you.

Mt. Kurami

Seen from Mitsutoge Station, Mt. Mitsutoge towers to the northwest, and to the southeast the gentle foothills of Mt. Kurami invite you. At 1,256 m above the sea level, the area commands an amazing view listed in "100 Best Spots in Kanto to View Mt. Fuji" and the "Eight Greatest Views of Mt. Fuji" . The panoramic view from the summit is wonderful of course, but it is also a good spot to observe the town of Nishikatsura as well as Mitsutoge on the other side. There are two trekking paths from Nishikatsura Town to Mt.Kurami, the Yakujin

Route and the Doya Route, and both tranquil courses can be enjoyed in every season. Mt. Kurami is also famous for the rare flowers "Cypripedium iaponicum" that bloom in the foothills.



View of Mt. Fuji from Mt. Kurami summ

Sakura and autumn foliage sites

In Mitsutoge Sakura Park, the cherry blossoms compete with the three largest in Japan -"Miharu Taki Sakura" (Fukushima), Yamataka Jindai Sakura (Takegawa-cho, Hokuto City, Yamanashi Prefecture), and Neodani Usuzumi Sakura (Gifu Prefecture).



early April to mid-April





Mitsutoge Sakura Park Mountain Trail Mitsutoge Sakura Park (early April to mid-April (early April to mid-April)



(early November to mid-November)



Mitsutoge Cherry Tree of Hope

Seeds from the 2,000-year old Yamataka Jindai Cherry Tree (standing at Jisso-ji Temple, Mukawa-cho, Hokuto City) were carried into space aboard the Space Shuttle Endeavor in November 2008. The seeds were kept aboard KIBO ("hope"), the Japanese research module on the International Space Station, for eight months before being returned to Earth in July 2009. Only two of the 120 seeds successfully germinated after their return. Exhibited to celebrate the beginning of the Reiwa Era in April 2020, the Sora Zakura (Space Cherry) bloomed much faster than anyone could have imagined. Seeds from the tree were planted to grow 2nd generation cherry trees, and some of these were presented to Iwate, Miyagi and Fukushima Prefectures as symbols of recovery from the Great East Japan Earthquake.

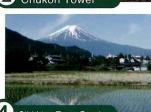
Nishikatsura Town received one of the 2nd generation cherry trees through Hokuto City and The One Earth Foundation in March 2018. It was named the "Mitsutoge Cherry Tree of Hope." Nishikatsura Town continues activities to promote the security of its residents and the safety of all those who come to hike up Mt. Mitsutoge

Best places to view

Mt. Fuji from within the town



The number of each spot corresponds to the number shown on the Map on page 5



You can see the magnificent

reflection of an inverted Mt. Fuji in the water.

Alpine plants that bloom in Mt. Mitsutoge



(early June to late June)

Viola Grypoceras

Lathyrus Ochrus









(early July to early August) (late July to mid-August)



Cranesbil (late July-late August)



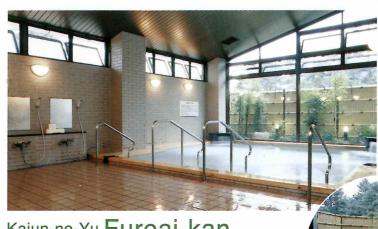
Pincushion Flower (mid-August to early September)



Cirsium purpuratum (Japanese thistle

A place to play sports, bathe, and camp, surrounded by woods in the mountain foothills.

Mitsutoge Green Center



Nishikatsura-cho. Minami Tsuru-gun. Yamanashi 403-0021 TEL.+81-555-25-3000 FAX.+81-555-25-4040

Handicraft Workshop Facility

OSoba noodles, udon noodles OPottery OHand-weaving

weaving, dyeing, miso-making!

A workshop facility where you can enjoy creating things

with your family and friends. Try making your original

items in workshops such as soba-noodle-making, pottery

(coaster - take one home) ©Dyeing (handkerchief- take one home) ©Woodworking workshop ©Aobata tofu (tofu and soy pulp- take



Kaiun-no-Yu Fureai-kan

It is a place of rest and serenity to promote exchanges between residents and visitors. Bamboo charcoal, bamboo vinegar, and turmeric herbal baths using Mitsutoge spring water is a remedy for beautiful skin. There are comfortable and relaxing quest rooms and meeting rooms for various training and seminars









Cottage (for 10 people) first floo

Sports Facilities

Located near the summit of Mt. Mitsutoge, symbol of Nishikatsura Town, Byobu Rock has been a popular spot for rock climbers as the Mecca of rock-climbing in the Kanto area.

The Martial Arts Stadium built at Mitsutoge Green Center, situated at the foot of the mountain trail to

Mt. Mitsutoge, was remodeled into the Sukoyaka Koryukan ARC sports center. ARC features a space for bouldering, which has become popular these days as an activity that anyone can enjoy casually. ARC boasts several climbing walls with different heights for visitors of all ages, from children to adults

In addition to bouldering, ARC also has equipment for badminton, table tennis, training, judo, kendo, and so on, to serve as a comprehensive sports facility.



The cottages have a calming atmosphere of wooden cabins. There is also a BBQ area in the beautiful nature, and it is a popular spot for a real outdoors experience.

OCottage for 5 people (3 cottages) OCottage for 10 people (1 cottage with a loft) ©Facilities: air conditioner, kitchen, bath, toilet, TV, refrigerator, electric kettle, table ©Kitchen Appliances: (pots, frying pan, kettle, knives, chopping board), Rental Appliances: (hot plate, rice cooker) OProhibitions



Cottage (for 5 people)



Good

Mt. Mitsutoge is also called Misuzu Ridge. It has been revered as a holy place since En the Ascetic (En no Gyoja) began training here in the Nara Period. Kutai Shonin restored the status of the holy place during his long residence on Mt. Mitsutoge in the late Edo Period. Training here until the end of his life, Kutai Shonin established the 8th, 17th, and 28th of each month as days for ascetic practice.

Misuzu Gongen Shrine is set back from the trail in a secluded area. Kutai Shonin performed ascetic practices on Misuzu Ridge in the hope of preventing disasters and bringing happiness. Because of this, the spot is believed to bring good fortune to those who visit. This Monument to Misuzu was erected as a symbol of hope for the safety of those visiting Mt. Mitsutoge, Byobu Rock and other





Mt. Mitsutoge consists of three peaks - Mt. Kaiunzan, Mt. Osutaka, and Mt. Kinashi; and the view of Mt Fuji from the highest, Mt. Kaiunzan, is superb. On the trail, there are many historical landmarks from the Nara period relating to the mountain worship. Each one of them has been in the limelight as power spots of good

Time required to ascend: 3 hours 40 minutes Not including break time Time required to descend: 2 hours 40 minutes and lunch.

* Actual results may vary.

It is loved as the mountain with the best view of Mt. Fuji in all of Japan. It also has panoramic views of the Misaka

The rocks of the cliffs beneath the summit. Known as one of Japan's leading rock climbing areas.

To pray for the peace and security of Mt. Mitsutoge and a good harvest. It was also once worshiped as a deity of

The 88 stone statues of the revered priest are worshiped. And it is said to have the same results as pilgriming all

Those with faith in the deity of marriage worship for luck in marriage, and also because the name sounds the same as the word for the famous Japanese indigo dyed fabric, it is also worshiped by those in the textile industry.

The point where horses would be turned back. The path becomes rocky and

A point looking out over a view extending widely before you. Enjoy seeing the view of Mt. Fuji from een the two trunks of a Japanese

A large natural rock shaped like a Dharma with the words "Ark" inscribed,

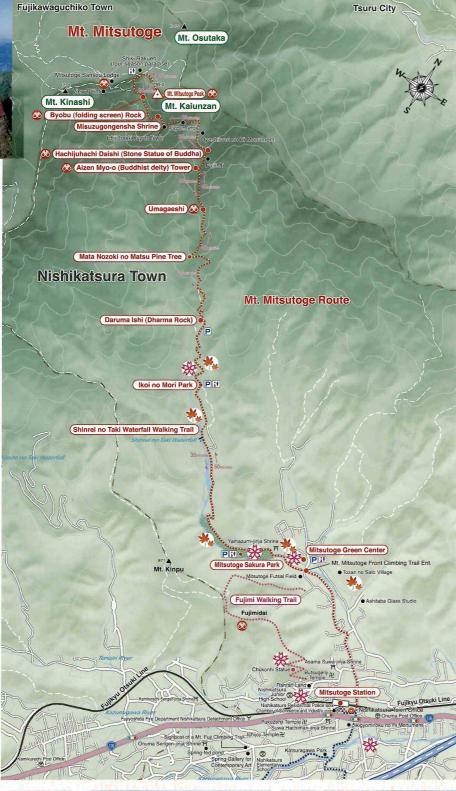
The double weeping rosebud cherry blossoms come with spring, and in autumn the mountain trees turn beautiful and vivid colors.

A path consisting of approximately 400-meter monolith with a great view of waterfall. In autumn the changing colors of the trees can be seen with Mt Mitsutoge in the background.

A place of about 1000 cherry blossom A place of about 1000 clienty blossom trees. You can enjoy an athletic field and playing on the riverside with cherry blossoms and azaleas vying for

A facility where you can relax and refresh while enjoying the abundant nature of Mitsutoge. Recover your

The mountain trail towards the summit of Mt. Mitsutoge from "Mitsutoge Station" was once known as the "Path of Faith".











15 minutes ↓







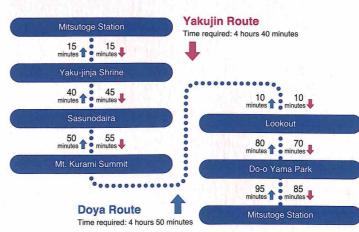


Nishikatsura Town **Guide Map**



Mitsutoge Station as a starting point. Mt. Kurami trekking Nichilkotsura Town Walking Course

An easy to approach trekking course with



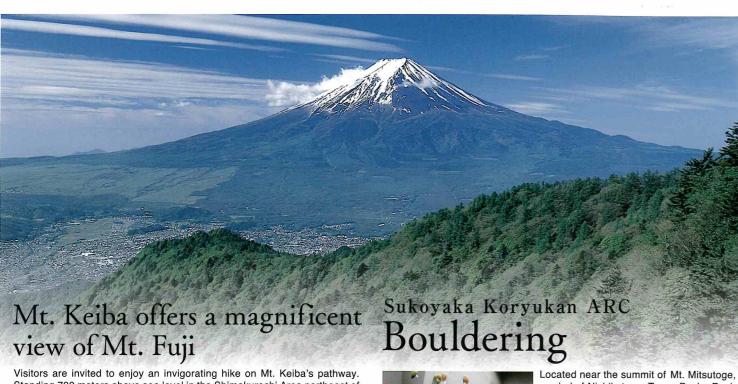
* Actual results may vary. Not including break time and lunch.

Doya Route. From the lookout on the summit, you can enjoy natural countryside including the valuable areas of the flower Cypripedium japonicum at the foothills, and the majestic Mt. Fuji right before you.



An area of the rare flower Cypripedium japonicum

Perennial orchids of genus Cypripedium. A precious flower classified as an endangered species by Ministry of Environment. It was named after Naomi Kumagai, a famous warrior from The Tale of Heike, because the part of the flower called "labellum lip" looks like a balloon-shaped protector mounted warriors carried behind their back.



Visitors are invited to enjoy an invigorating hike on Mt. Keiba's pathway. Standing 700 meters above sea level in the Shimokurechi Area northeast of Nishikatsura Town, Mt. Keiba was famous during the Meiji Era for the horse races that were run near the summit. The trail that theriders used has been recreated for visitors.

Guideposts make following the path easy, and signs with the names of trees add to the enjoyment of the hike. The trees around the top of the mountain are well maintained to ensure visitors a wonderful panoramic view of Mt. Fuji and townscape of Nishikatsura.

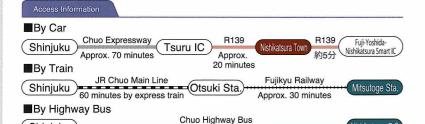




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Information



■Transportation

(Shinjuku)

Fujikyu Railway Mitsutoge Sta.

Fujikyu Bus

Fujikyu Call Center (Highway Bus Reservation)

TEL.+81-555-25-2013

TEL.+81-555-72-6877

TEL.+81-555-73-8181

Accommodation

Mitsutoge Green Center TEL.+81-555-25-3000(Accommodation, bathing, meals, etc.) Mitsutoge Sansou Lodge TEL.+81-555-76-7473(Mt. Mitsutoge summit lodge)

Shiki Rakuen (four season paradise) TEL.+81-555-76-7566(Mt. Mitsutoge summit lodge)

TEL.+81-120-818-229

Contact Information

Fujikyu Yamanashi-Hire Car Dispatch Center

Nishikatsura Town Industrial Development Division 1501-1 Onuma, Nishikatsura Town, Minamitsuru-gun, Yamanashi Prefecture 403-0022 TEL.+81-555-25-2121 FAX.+81-555-20-2015

