Mitsutoge Green Center

A complex sports and leisure facility located at the foot of Mitsutoge, surrounded by nature. It has facilities for sports such as futsal, tennis, judo and kendo; cottages; a campsite equipped with barbecue grills; and facilities for soba-noodle-making and pottery workshop.

The main building, “Fureai-kan”, includes accommodation facilities and meeting rooms which make it suitable for holding sports camps, children’s training camps, and a variety of other uses.

It is a place of rest and serenity to promote exchanges between residents and visitors. Bamboo charcoal, bamboo vinegar, and turmeric herbal baths using Mitsutoge spring water is a remedy for beautiful skin. There are comfortable and relaxing guest rooms and meeting rooms for various training and seminars.

A place to play sports, bathe, and camp, surrounded by woods in the mountain foothills. A complex sports and leisure facility located at the foot of Mitsutoge, surrounded by nature. It has facilities for sports such as futsal, tennis, judo and kendo; cottages; a campsite equipped with barbecue grills; and facilities for soba-noodle-making and pottery workshop.

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Mt. Mitsutoge to the northwest. Mt. Kurami to the southeast. Climb the two mountains facing each other, with the Old Fuji Path between them. Alpine plants of the season, historic sites of mountain worship and history, and the majestic view of Mt. Fuji awaits you.

Mt. Mitsutoge, facing squarely with Mt. Fuji, is a popular destination for hikers and was once known as ‘Misuzumine’ (Peaks of Deities’ Bells), a sacred site in mountain worship. It was established as a holy site by En-no-Gyoja Ozunu, the founder of Shugendo, and worship for Mitsutoge was spread among people in the late Edo period by ‘Kutai Shonin’, a holy priest. Among the Mitsutoge mountain paths, the route from Nishikatsura Town was once the main route. Even today you can see valuable history and magnificent ruins along the path.

The view of Mt. Fuji from the summit of 1,785 meters is listed first in “The New 100 Views of Mt. Fuji” selected by Yamanashi Prefecture. Some scholars believe that the woodblock print “Gaifukaisei,” one of the masterpieces by the famous Edo ukiyoe artist, Katsushika Hokusai, is actually a view from Mt. Mitsutoge.

From Mitsutoge Station, Mt. Mitsutoge towers to the northwest, and to the southeast the gentle foothills of Mt. Kurami invite you. At 1,256 m above the sea level, the area commands an amazing view listed in “100 Best Spots in Kanto to View Mt. Fuji” and the “Eight Greatest Views of Mt. Fuji”. The panoramic view from the summit is wonderful of course, but it is also a good spot to observe the town of Nishikatsura as well as Mitsutoge on the other side.

There are two trekking paths from Nishikatsura Town to Mt. Kurami, the Yakujin Route and the Doya Route, and both tranquil courses can be enjoyed in every season.

Mt. Kurami is also famous for the rare flowers “Cypripedium japonicum” that bloom in the foothills.

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Mt. Kurami

In the feudal Japan, countless pilgrims walked all the way from Edo along “Fuji Path” and had their first opportunity to admire the view of Mt. Fuji in this town of Nishikatsura. To this day you can discover the abundant history connected to the origins of the Japanese people about Mt. Fuji, along the roadside as the original path goes through the town.

The road of faith and the road of silk

This road leads to Mt. Fuji in the distance.

The ancient “Fuji Path” alive with the history of Mt. Fuji worship

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Mineral water

Snow and rain water falling on Mt. Fuji seeps deep into the mountain and layers of lava, and the mountain’s underflow gushes out in springs in the foothills. The spring water of Nishikatsura Town has been praised as the best. Gentle on your tongue, the water includes many unique minerals from Mt. Fuji including vanadium.

Textiles

If you listen carefully, you may still catch the sound of weaving looms somewhere in the town. Today, the town is creating a variety of new silk goods that inherits the millennial history of “Gunnai Ori (Kaiki silk)” now in Nishikatsura. Taking advantage of durability, lightness and unique sheen of the silk, the town keeps creating umbrellas, neckties, scarfs in striking modern designs.

Nishikatsura Town Specialties

Bliss of pure nature

Nishikatsura Town and Mt. Fuji (the Fuji Path in Nishikatsura Town connecting Mt. Fuji)

Fujisan Ichijo-ji Temple (with Mt.Mitsutoge in the back)

Kai Misuzumine

“Honji Sektion Dapogon” enshrined on the summit is a dedication of the rock wall that characterizes Mt. Mitsutoge. The water from between the rocks on the Byodo Rock wall was regarded as a deity called “Byodo Iwa Miyako” and the night skies and constellations were also stilized as “Heiiyoh Myosen Sonboitsu.”

A mountain looking up towards Mt. Fuji

To be No.1 and one of the most scenic spots in Japan

Mt. Kurami

View of Mt. Fuji from Mt. Kurami summit

Ranunculus nipponicus

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**Mt. Mitsutoge trekking**

Mt. Mitsutoge consists of three peaks - Mt. Kaluzuru, Mt. Osutaka, and Mt. Kainaii with the view of Mt. Fuji from the highest, Mt. Kaluzuru. On the trail, there are many historical landmarks from the Nara period relating to the mountain worship. Each one of them has its own view. Mt. Fuji from within the town.

**Mt. Mitsutoge Summit**

Byobu (folding screen) Rock

Aizen Myo-o

A large natural rock shaped like a Dharma with the words “Kotobuki” engraved on it. It is said that the rock was formed during the Heian period (mid-12th century) by the fusion of the rocks and the Boulder Rock. It is a popular spot for taking photos and is also known as the “Kotobuki Rock.”

**The Double Weeping Rosebud Cherry Blossoms**

This is a unique and rare variety of cherry blossoms that bloom in Mt. Mitsutoge. They are known for their beautiful double petals, which resemble the petals of a rose, giving them their name. The blossoms are a popular attraction during the cherry blossom season, with visitors flocking to see their unique beauty. These blossoms are known to bloom in the early spring, around mid-March to mid-April, but their exact bloom period may vary from year to year. To ensure you catch them, it’s best to check the local weather conditions and cherry blossom forecast before your visit.

**Mt. Kurami trekking**

There are two mountain routes from Nishikatsura, the Yukishita Route, and Doya Route. From the lookout on the summit, you can enjoy natural beauty including the panoramic views of the Misaka Ranges and the Southern Alps.

**Mt. Mitoshige Station**

The station was once known as the “Path of Faith.” The mountain trail towards the summit of Mt. Mitsutoge from the station is known as a “Path of Faith.” The trail is surrounded by the abundant nature of Mt. Mitsutoge. After climbing up, you can recover your energy here after enjoying the natural beauty of the mountain. A facility where you can relax and refresh while enjoying the view of the mountain and the Southern Alps.

**Ikoi-no-Mori Park**

A place of about 1000 cherry blossom trees. You can enjoy an abundance of cherry blossoms on a clear day. The double weeping rosebud cherry blossoms come with spring, and the blossoms vying for attention. The petals of the blossoms are thin and white, and they add a beautiful touch to the springtime scenery.

**Mt. Kidarni: Summit**

A point looking out over a view extending widely before you. Hereafter, the trail becomes rocky and uneven. A spectacular view of the Southern Alps can be enjoyed. It is also a popular area for viewing cherry blossoms. This is a unique and rare variety of cherry blossoms that bloom in Mt. Mitsutoge. They are known for their beautiful double petals, which resemble the petals of a rose, giving them their name. The blossoms are a popular attraction during the cherry blossom season, with visitors flocking to see their unique beauty. These blossoms are known to bloom in the early spring, around mid-March to mid-April, but their exact bloom period may vary from year to year. To ensure you catch them, it’s best to check the local weather conditions and cherry blossom forecast before your visit.

**Mt. Kainaii: Summit**

A facility where you can relax and refresh while enjoying the view of the mountains and the Southern Alps. A popular spot for taking photos and enjoying the scenery. The trails are well-maintained and suitable for hikers of all levels. The views from the summit are breathtaking, with panoramic views of the Southern Alps and the surrounding mountains. The area is also known for its abundant natural beauty, including the Double Weeping Rosebud Cherry Blossoms and various species of wildflowers that bloom during the spring season.

**Mt. Osutaka**

A popular spot for taking photos and enjoying the scenery. The trail is well-maintained and suitable for hikers of all levels. The views from the summit are breathtaking, with panoramic views of the Southern Alps and the surrounding mountains. The area is also known for its abundant natural beauty, including the Double Weeping Rosebud Cherry Blossoms and various species of wildflowers that bloom during the spring season.

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